

Level 1

On the first level, teachers give simple commands consisting of one verb per action. While the HTM model calls for three new words to be introduced at a time, the small number of words in this first level will make that impossible.

	Verbs	Nouns	Adjectives	Adverbs	Misc.
1 st segment	לָקוּם לָשֶׁבֶת	<p>Note that all vocabulary in the Foundational and Holiday units are pronounced and translated online. As an example, for Level 1 click the video on the left side of this page: http://www.hebrewthroughmovement.org/level-1.html</p> <p>In addition, on the right side of the same webpage there is a video explaining grammatical issues that trip up some teachers.</p>			
2 nd segment	לָלֶכֶת לְעָצוּר לְרוּץ				
3 rd segment	לְקַפּוֹץ לְהִסְתּוֹבֵב				

Sample scripts for Level 1:

1st Segment:

Invite two students to sit on either side of you. Tell them to listen (point to your ears) and watch (point to your eyes).

Say לָקוּם and stand up.

Say לָשֶׁבֶת and sit down.

Repeat each of these commands two times, while modeling.



Now repeat these words while gesturing to the children to accompany you.

Repeat these words without modeling and wait to see if the children initiate the actions.

Gesture to all the students to follow the commands.

2nd Segment:

Invite two different students to sit on either side of you and follow the same procedure.

Say לָקוּם and get up.

Say לִלְכֹת and begin to walk. Repeat לִלְכֹת a few times as you walk (i.e., don't repeat a Hebrew word consistently as you model an action; one to three times is enough).

Say לִעֲצֹר and stop.

Repeat לִלְכֹת and לִעֲצֹר as you model the actions two times.

Gesture to the two children sitting by your side and repeat the commands.

Say לָקוּם → לִלְכֹת → לִעֲצֹר and repeat the actions with the students.

After doing this twice give the command, but wait to see if the students begin to move before you do.

Select different groups of children to follow these commands. Then, have the entire class follow the commands.

Now repeat these words while gesturing to the children to accompany you.

Indicate with gestures that you are going to do something new. Point to your ears and point to your eyes.

Say לָקוּם and get up.

Say לָרוּץ and begin to run.

Say לִעֲצֹר and stop

Say לָקוּם → לָרוּץ → לִעֲצֹר and repeat the actions with the students.

Repeat these words without modeling and wait to see if the children initiate the actions.

Select different groups of children to follow these commands. Then, have the entire class follow the commands.

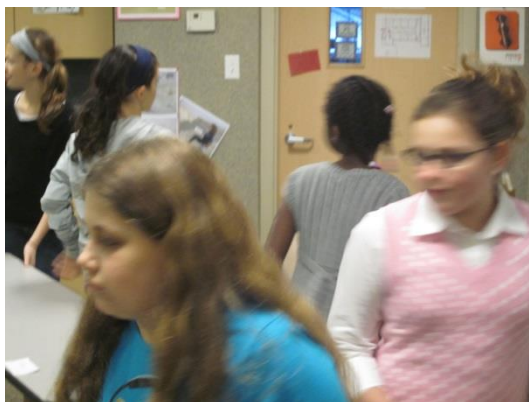
Now repeat these words while gesturing to the children to accompany you.

When most children are following the commands without modeling by you, call on children in groups of two or three to follow the commands. Have the children return to their seats by way of commands. For example: "Annie, Michael, and Jane: לָקוּם → לִלְכֹת and (pointing to their seats) לְשֵׁבֶת."

3rd Segment:

By now, you should have an idea of how to introduce new commands. Introduce ¹לקפוץ and להקפוא based on the sample scripts from the first two segments.

Remember to work with the vocabulary words in many different combinations so that they become internalized by the students. **Sufficient practice in many different combinations** is the key to success in Hebrew Through Movement.



LEVEL 1 MODEL LESSON, WITH FEEDBACK

For a video of a novice teacher introducing Level 1 (with supervisor feedback), see: <http://www.hebrewthroughmovement.org/level-1.html>

Pacing of lessons is always a challenge. Remember to add more vocabulary after 65% of the students demonstrate understanding of words they are working with. It will take three to seven sessions to move through each level.

- Don't expect perfection from your students.
- Don't rush, but also don't stay stuck "forever."

If you feel students are not catching a particular level or learning segment for a few weeks, move on by introducing new vocabulary. Circle back to the words students didn't learn. Hebrew Through Movement is supposed to be fun and energizing – keep it so!

¹ Among HTM users there is an eternal debate about this word being pronounced לקפוץ or לקפוא. An explanation is provided in this video: <http://tinyurl.com/krnaw69> (also found in on the Teacher Video Tips page of the HTM website). The JECC has chosen to pronounce the word with a *Pay*, but teachers may make their own decision as long as there is consistency in an educational program.